



400 m IM W Heats - Results

Ev. 35 WR 2:56.48 SUN Y. (CHN) 28/09/16 Yantai (CHN)
ER 3:01.26 SMIRNOVA J. (EST) 25/06/16 Volos (GRE)

Heat 1/1

Started at 21/07/23 10:12:11.85

Rnk	Surname	Name	Year	Nation	Laps	Time	Notes
1	PONOMARCHUK	Aliexsa	2007	UKR	00:20.69;00:44.19;01:09.55;01:35.97;02:02.74;02:30.09;02:56.77;	03:22.30	
2	ROMAN DIAZ	Marina	2004	ESP	00:21.80;00:45.78;01:11.12;01:38.02;02:05.36;02:33.38;03:00.69;	03:26.78	
3	UIBOPUU	Carmel	2001	EST	00:23.95;00:48.46;01:14.38;01:41.40;02:09.31;02:38.01;03:06.05;	03:33.07	